



# Fragments

September 2026

## ODCCW Mission Statement

*To promote among our Catholic women a greater devotion to Christ and the Church, as we share the Blessed Mother's role of bringing others to Christ through spirituality, leadership, and service.*

## Contact Information

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Orange Diocese Council of Catholic Women (ODCCW)  
Christ Cathedral - Pastoral Center  
13280 Chapman Avenue, Garden Grove, CA, 92840  
<https://www.odccw.org/>

**50** ORANGE DIOCESAN COUNCIL OF CATHOLIC WOMEN  
SPIRITUALITY . LEADERSHIP . SERVICE . 1976 - 2026

JOIN US AT ST. MARY'S BY THE SEA  
IN HUNTINGTON BEACH ON SEPTEMBER 15

 **Claire Frazier-Yzaguirre**  
will share her insights on St. Francis

**MFT, M.Div, Speaker, Therapist, Author**   
[www.thrivingfamilies.com](http://www.thrivingfamilies.com)

**Walking with St. Francis:**  
*Living a Life of Love, Simplicity & Joy!*

St. Mary's by the Sea . 321 10th St, Huntington Beach, CA 92648

There is limited parking so please carpool. **RSVP BY 9-12 USING QR CODE**

Mail \$30 check payable to ODCCW to  
Kathy Kent at 13430 St. Andrews Dr, Unit 72L,  
Seal Beach, CA 90740

Questions? Call Kathy at 562-706-5481

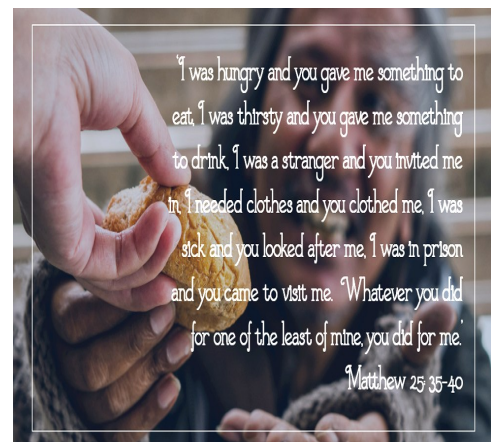
**Ladies, join us  
and bring a friend!**

**10am-1pm**



## HUNGER IS REAL FOR 1 IN 5 OF YOUR NEIGHBORS

*September is Hunger Action Month!*



## St. Vincent de Paul and Hunger Relief in Orange County

Contact Information | [info@feedoc.org](mailto:info@feedoc.org)  
8014 Marine Way, Irvine, CA 92618-2235

Since 1983, The Society of St. Vincent de Paul actively addressed hunger in Orange County, CA through its "Second Harvest Food Bank". Food is provided through donation, purchases, and partnerships with local organizations. The food is distributed to about 300 OC nonprofits, churches, senior centers, etc. and is free to those in need.

## Carol Palmer ~ President's Letter



Hello Council Sisters,

I have just returned from the NCCW Convention in Grand Rapids and I wanted to share with you that, while traveling, I attended Mass at Chicago's Midway Airport. They have an interfaith chapel that is open 24/7 and hold two Masses and two Christian Worship services each Sunday. I've already reached out to Fr. Al Baca and asked how we can make this happen here at John Wayne Airport!



I can't wait until our September meeting to share with you the important information that I received at convention. I am so impressed with all that the National Council of Catholic Women does and the people that we help. I was particularly impressed with the report of our representative to the Religious Alliance Against Pornography. The real-life tragedies of online child exploitation were chilling. We must do all we can to confront these crimes which are primarily perpetrated against women and children. One place to find more information on how you can help is [InternetSafety101.org](https://www.InternetSafety101.org). Don't miss our meeting on September 15 at St. Mary's by the Sea where I will give more information on what all our commissions, committees and partner organizations have been accomplishing.

Time at convention was filled with fabulous speakers, captivating workshops, engaging liturgies, group rosaries, mini retreats and absorbing activities that lifted us up and brought us together as we made plans for the coming year. Save the date for the National Council of Catholic Women's 107th Annual Convention August 25-28, 2027 at the Sheraton Milwaukee Brookfield Hotel in Brookfield, Wisconsin.

Please pray for me as I pray for you.

Yours in Christ,

*Carol*

### Monthly Rosary Conference Call

Conference Call Number

(202) 926-1107

Access Code: 703993

The Rosary Call occurs on the 13th of each month.

4:30 PM (PT), 5:30 PM (MT), 6:30 PM (CT),  
7:30 PM (ET), and 8 :30 PM (USVI)



# Pope Leo's Prayer Intention This Month Is For 'Care of Water'

By Myles Allman | September 1, 2026



LifeSiteNews - Pope Leo XIV invited the faithful to pray throughout September for "the care of water," coinciding with the ecumenical "Christian Season of Creation."

In a video released by the Pope's Worldwide Prayer Network, he asked that water remain "a source of fruitfulness, freshness, and hope" and a "right without borders."

Water, the pope said, "quenches thirst, nourishes the earth, and heals wounds" while serving as a sign of God's grace and Baptism. He asked forgiveness for treating it as a mere commodity and expressed sorrow for those who lack clean water, walk long distances to obtain it, or fall ill from scarcity.

The pope further prayed that the Holy Spirit make Christians "pilgrims of the essential" who live simply and reject waste and pollution, so that all may drink "without fear and without inequality."

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## Boxes for Life

By Nancy Castenholz  
2nd VP - Service Commission



The women of ODCCW are moving forward this year with a favorite project, "Boxes of Joy." Our group is so generous and participate with such passion to make a difference for underprivileged children and their families by filling hundreds of shoe boxes with toys, gifts and mainstay household items. This activity serves to support families in

dealing with the challenges of family living in different countries. The enthusiasm is growing and we would like to involve some of our corporate communities to support this initiative.

If you have connections with business owners, -- small, medium and large - let us know how we can present our ideas and goals to them so that they too can enjoy a broad reach of service during the holidays and help make Christmas special for numerous families. In addition, we ask each of you to participate and make this season extra special by contributing shoe boxes of toys, or even clothes, to bring cheer to those who do not have much. We are called as Christians to be charitable and to demonstrate our Diocesan vision of "radicalized hospitality" beyond our parishes and out into the world. "Love thy neighbor" includes faraway countries!

Contact: Nancy 714-475-8192

## Carol Palmer ~ President 2026-2028



Carol Palmer, president of the Orange Diocesan Council of Catholic Women, is a native Southern Californian - a 1984 graduate of Bishop Amat High School and alum of Cal State Fullerton, obtaining a business degree in 1988. She and her husband Chris have lived in Yorba Linda for 37 years. Their five sons are ages 36, 33, 27, 24 and 21.

Carol worked for Rockwell International on the Space Shuttle program for six years before being laid off in 1994. It was then she and Chris decided she was more valuable working from home and taking care of their growing family. She home-schooled all 5 of their sons, working part-time from home and at one time working as the coordinator of Sunday School for her parish, St. Martin de Porres. Currently she works as an assistant director for Center Stage Theater and as director of the Intro to Talon Academy of Performing Arts at Santa Margarita High School.

Volunteering has been a part of Carol's life since the Christian Service Club in high school. Most recently she helps with Adoration and Audio-Visual ministries at St Martin's. She is very active in Council and, in addition to her duties as President of ODCCW, she is the Province Director of Los Angeles and serves on the NCCW Leadership Training and Development Team.

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## Inez Moss ~ Past President 2024-2026

As a result of a major illness, Inez Moss wasn't able to finish her term. On Nov. 19, 2024, she held her first General Gathering at Santiago de Compostela Parish in Lake Forest.

She had a Baby Shower to benefit the Precious Life Shelter in Los Alamitos on January 21, 2025 at the General Gathering at Santa Clara de Assisi Parish in Yorba Linda. The Annual Retreat was held on February 18, 2025.

On Tuesday, March 18, 2025, Inez presided at the ODCCW General Gathering at St. Kilian Parish in Mission Viejo.



At the April 8, 2025 General Gathering, we took a picture of past and present presidents. From left to right: Marilyn Raymond, Inez, Marge Doolin, Ida Pennella, Susan Navarrete, Janine Meckler.

This was her official last meeting.

Our thoughts and prayers are with her.



## Fr. Timothy Nguyen ~ Spiritual Advisor 2026-2028

Fr. Tim is continuing as ODCCW's Spiritual Advisor. He is the Parochial Vicar at Christ Cathedral in the Diocese of Orange, where is involved in various pastoral activities and community outreach efforts, contributing to the spiritual growth of the parish community and serves on the Marriage Tribunal ministry.

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## Nancy Castenholz ~ Second Vice President 2026-2028

Nancy became an active member of the Executive Board in 2025 and will continue in that position. She got involved with the committee supporting the "Boxes of Joy", a project that was highly successful.

A graduate from Harvard Law School with a J.D., but never practiced law. Instead of law, and a BA from Harvard undergraduate college.

She chose consulting Fortune 500 companies to support their growth and rollout of new products. She is the Chief Operating Officer of a nationally recognized and first-place, award-winning permanent outdoor Landscape Lighting company.

She collaborates with her colleagues to support community projects that she has participated in for over 26 years! She is a member of the Hunger Project, Global Partners and United Way to support projects in developing countries. Nancy's family grew up in poverty so she has a deep connection to serving the poor especially now that she has become successful! She has participated in raising millions of dollars for different corporate charities that fund projects all over the world.

Growing up in San Jose, CA, she was the 11th of 16 children all from the same parents.

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## Kathy Kent ~ Treasurer 2026-2028

Kathy Kent, a member of ODCCW since 2008, is now serving as Treasurer. She's been on the board of Catholic Charities and St. Anne's Women's Guild.

She works in the Aerospace Defense industry, where she manages financial contracts.



## Pat Martin ~ 1st Vice President 2026-2028

Pat Martin is continuing on the ODCCW's board. She's been a board member for 50 years and worn many hats throughout her tenure. She attended most of the NCCW annual conventions and San Francisco Province annual meetings. She was instrumental in planning ODCCW's annual conferences at the Phoenix Club. She serves as corresponding secretary for Catholic Charities and active at Blessed Sacrament Parish for 61 years.

During the last two years, she presented the board with amazing prayers and reflections. She is a Mom of 14 kids, has 46 grandkids, and 27 great-grandkids.

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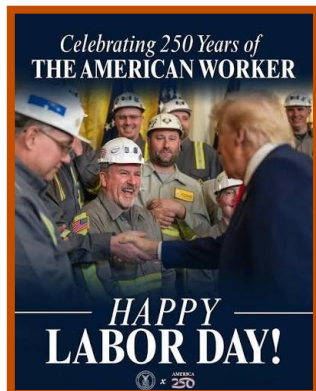
## Dr. Ida Pennella, PhD ~ Corr. Sec. & Editor 2026-2028

Dr. Ida Pennella, a member of ODCCW for 50 years, was President from 2014-2016 and serves as Emeritus Advisor. As Legislation Chair and ProLife advocate, she writes several articles for Fragments. She is an auxiliary member of the Legion of Mary at St. Pius V and was their nominee for Catholic Charities Women of the Year in 2007. She's a long-time member of the Los Angeles Archdiocese Council of Catholic

Women, she served as their Publicity Chair from 1972 to 1976.

As a writer, her articles include nonfiction, fiction, and religious articles that have been published in several venues. She recently finished two picture albums, "Mémère's Memoirs", "Memories are Made of This" and three cookbooks for her family. As a public speaker, she praises God while she shares her remarkable healing story at the Leukemia/ Lymphoma Society with "Mission Moment" and "TNT" Runs, Relay for Life, Women's Clubs, political and religious organizations.

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Donald Trump stated in his Labor Day proclamation, "As President, I will always defend the interests of every citizen who works with integrity, honors the rule of law, and strives to secure a brighter future for themselves, their families, and future generations of Americans."

"It is a poverty to decide that a child must die so that you may live as you wish" - St. Mother Theresa

### Andrea Bocelli Says He Owes His Mother Everything for Refusing to Abort Him: She 'Chose to Trust in Life'

By Jacqueline Burkepile | June 24, 2026

Andrea Bocelli has such a beautiful pro-life testimony! World-renowned opera singer Andrea Bocelli sent a beautiful message to thousands of attendees of the Italian March for Life on Saturday, June 13, 2026, in the streets of Rome, Italy.

Bocelli is vocally pro-life and often shares his story when provided the opportunity.

The singer could not attend the event due to a scheduling conflict; however, he sent a letter, which was read at the end of the March. Bocelli was born with congenital glaucoma, which severely impaired his vision. He became fully blind after a tragic soccer accident.

Doctors advised his mother to abort him amid appendicitis complications during her pregnancy. They feared Bocelli would be born with a disability. Rather than take this advice, Bocelli's mother chose life.

"Life, when welcomed and not feared, multiplies, and the civilizations that have prospered are those that have invested in new generations," Bocelli said in his letter.

He explained that his mother "was advised by doctors not to continue with the pregnancy, but chose to trust in life and not to withdraw. I owe everything to that choice", the singer said.

"I am delighted," he said, "to be able to reach you with this brief greeting and these few notes. I would like to do so, in particular, by sharing with you a thought that is close to my heart: there are not four but five mathematical operations. The fifth is not studied in school; it is learned by living and growing alongside others, the people we meet. It is called cooperation (but also trust, care, friendship), and it always arises from an act of love. I learned it before I was even born."

"Care generates; it doesn't impoverish. And often it changes everything," he concluded. "Bringing this testimony among you is a privilege for me and a gesture of gratitude to those who believed, like my mother, that one plus one never just makes two."

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### Lila Rose ProLife Evangelical to Roman Catholic

By Dr. Ida Pennella, PhD



Lila Rose was raised in San Jose, CA, the third of eight children, homeschooled, and an Evangelical Protestant.

At nine, she read about fetal development and abortion that showed graphic images featuring aborted fetuses.

She became a ProLife activist at 14 giving talks at churches, schools, and youth groups. By 15 she founded the anti-abortion organization, "Live Action".

Lila Rose converted to Roman Catholicism while attending UCLA, where she studied church history and theology.

While in college, she partnered with conservative activist James O'Keefe to conducted undercover sting operations at Planned Parenthood clinics.

In July 2019, she spoke to 200 conservative social media people at the "White House Social Media Summit", hosted by President Trump. He thanked the attendees and emphasized the importance of free speech.

In 2021, she wrote the book, "Fighting for Life: Becoming a Force for Change in a Wounded World".

Lila Rose is married to Joe and has three children.

[Source: Wikipedia](#)

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**NOTE:** NCCW Legislative Advocacy, under the Spirituality Commission is guided by Catholic Social Teaching. **Legislation**, current laws, speak or write to law makers; **ProLife**, opposes abortion & infanticide; **Human Rights**, human dignity, domestic violence, human trafficking, opposes genocide; **Women's health**, & **Equal opportunities**.



**Pure Evil!** Massachusetts Governor Maura Healey signed bill to allow abortion up to and including the ninth month. No restrictions.

### **'Murderers': Democrats cheer abortion till birth in Massachusetts**

By Calvin Freiburger | Tuesday, August 11, 2026



BOSTON (LifeSiteNews) — Massachusetts Democrat Gov. Maura Healey signed a new law Monday eliminating the need for specific medical justifications for abortion past 24 weeks, establishing effectively unlimited abortion up to birth in the state. Under previous state law, an abortion may only be performed past 24 weeks if a physician deems it “necessary to preserve the life of the patient”; “necessary to preserve the patient’s physical or mental health”; “warranted because of a lethal fetal anomaly or diagnosis”; or “warranted because of a grave fetal diagnosis that indicates that the fetus is incompatible with sustained life outside of the uterus without extraordinary medical interventions.”

Such exceptions, pro-lifers have long warned, give abortionists ample wiggle room to authorize late-term abortions under false pretenses. But H. 5595 would do away with even those conditions, replacing the language with “an abortion may be performed by a physician based upon the professional judgment of the physician.” It would also add language that “no medical review process shall override the professional judgment of a treating physician and a patient or the patient’s health care proxy to provide an abortion consistent with the new section.”

The state’s radically pro-abortion governor signed the law in a ceremony Monday surrounded by women (some wearing white doctors’ coats) who clapped their hands in celebration.

“I’ve heard heartbreaking stories from women and families who were preparing to welcome a healthy baby into their family, only to receive devastating news later in their pregnancy. Instead of being able to rely on the doctors they knew and trusted at home, they were forced to travel hundreds of miles and pay out of their pockets while navigating unimaginable grief,” Healey declared. “That should never happen in Massachusetts. This law continues our efforts to have the strongest abortion protections in the country because in Massachusetts, we believe health care decisions should be made between women and their doctors.”

“Legalizing elective abortion up to birth on healthy mothers and healthy, pain-capable unborn children is not about protecting the doctor-patient relationship,” responded Myrna Maloney Flynn, president of Massachusetts Citizens for Life. “It is about abortionists normalizing the deaths of fully-developed infants and pressuring vulnerable women to permit their unborn children to die in heinous acts of violence. These abortions represent among the most severe human rights abuses permitted in only a few places around the world, including China and North Korea.”

“Murderers,” lamented Catholic philosophy professor Edward Feser.

Source: [www.lifesitenews.com](http://www.lifesitenews.com)

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# SEPTEMBER

## Interesting Facts

Dr. Ida Pennella, PhD



Revolutionary War in America, Treaty of Paris, signed September 3, 1783



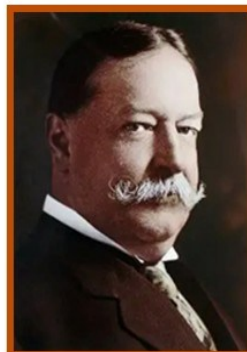
The U.S. Constitution signed on September 17, 1787



Labor Day was declared a legal holiday and first celebrated on September 3, 1894



During the attack on Fort McHenry, Francis Scott Key wrote "The Star-Spangled Banner" on September 14, 1814



William Taft, 27th POTUS Born September 15, 1857 Only President to serve on the Supreme Court from 1921-1930

Labor Day is a federal holiday in the United States celebrated on the first Monday in September to honor and recognize the American labor movement and the works and contributions of laborers to the development and achievements of the United States.

## The Social Security Act (1935)

- Monthly payment to retired senior citizens
- Provide money to the unemployed
- Help disabled



## World War II: The Home Front Selective Service Act of 1940



FDR signs the Selective Service Act into law

- First peacetime draft in U.S.
- All men aged 21-35 required to register; later 18-65
- Required men picked for duty to serve 12 months
- Service in the U.S. or its possessions

Selective Service Act aka military draft passed on September 16, 1940



## PLEASE VOLUNTEER

**Recording Secretary needed at Board Meetings**

**Hospitality/Greeter needed at General Meetings**

**Write or cut & paste articles for Fragments  
NCCW Spirituality Commission and email to  
[dr.ida.pennella@att.net](mailto:dr.ida.pennella@att.net)**

- ♦ CA & Federal news plus bills pending or passed
- ♦ Desegregation
- ♦ Domestic violence
- ♦ Equal opportunities
- ♦ Elder Abuse
- ♦ Health
- ♦ Human dignity
- ♦ Human trafficking
- ♦ Opposing genocide
- ♦ Opposing infanticide



*Get Well  
Marge Doolin*

*You Are In Our  
Thoughts & Prayers*

DAILY PRAY FOR PRIESTS CALENDAR

|      |       |                      |                    |                                             |                          |               |       |
|------|-------|----------------------|--------------------|---------------------------------------------|--------------------------|---------------|-------|
| 9/1  | Fr.   | Wayne                | Adajar             | c/o St. Pius V Parish                       | 7601 Orangethorpe Ave.   | Buena Vista   | 92870 |
| 9/2  | Fr.   | Thaddens Chukwuemeka | Agbasonu           | c/o St. Joseph's Parish                     | 717 Bradford Ave.        | Placentia     | 92865 |
| 9/3  | Fr.   | Erialdo              | Alfaro             | c/o St. Norbert Parish                      | 300 E. Taft Ave          | Orange        | 92832 |
| 9/4  | Fr.   | Scott                | Allen              | c/o St. Mary Parish                         | 400 W. Commonwealth Ave. | Fullerton     | 92840 |
| 9/5  | Fr.   | Venancio             | Amidar             | c/o Ministry to Priests Office              | 13280 Chapman Ave.       | Garden Grove  | 90680 |
| 9/6  | Fr.   | Francis              | Ang                | c/o St. Polycarp Parish                     | 8100 Chapman Ave.        | Stanton       | 92886 |
| 9/7  | Fr.   | Bony                 | Arackal            | c/o St. Martin de Porres Parish             | 19767 Yorba Linda Blvd.  | Yorba Linda   | 90631 |
| 9/8  | Fr.   | Gaston               | Arroyo             | c/o Our Lady of Guadalupe Parish            | 900 W. La Habra Blvd.    | La Habra      | 90630 |
| 9/9  | Fr.   | Romeo                | Ascan, AM          | c/o St. Irenaeus Parish                     | 5201 Evergreen Ave.      | Cypress       | 92707 |
| 9/10 | Fr.   | Frederick            | Atentat, AM        | c/o Mater Dei High School - Campus Ministry | 1202 W. Edinger Ave.     | Santa Ana     | 92661 |
| 9/11 | Fr.   | Gabriel              | Atidoo             | c/o Our Lady of Mount Carmel Parish         | 1441 W. Balboa Blvd.     | Newport Beach | 92694 |
| 9/12 | Fr.   | Samuel Ayinbora      | Atinga             | c/o Holy Trinity Parish                     | 1600 Corporate Dr.       | Ladera Ranch  | 92833 |
| 9/13 | Fr.   | Alfred               | Baca               | c/o St. Philip Benizi Parish                | 235 S. Pine Dr.          | Fullerton     | 92840 |
| 9/14 | Fr.   | Fred                 | Bailey             | c/o Ministry to Priests Office              | 13280 Chapman Ave.       | Garden Grove  | 92662 |
| 9/15 | Msgr. | Lawrence             | Baird              | c/o St. John Vianney Chapel                 | 314 Marine Ave.          | Newport Beach | 92840 |
| 9/16 | Fr.   | William              | Barman             | c/o Ministry to Priests Office              | 13280 Chapman Ave.       | Garden Grove  | 92804 |
| 9/17 | Msgr. | Kerry                | Beaulieu           | c/o St. Justin Martyr Parish                | 2050 W. Ball Rd.         | Anaheim       | 92672 |
| 9/18 | Fr.   | Edward               | Becker             | c/o Our Lady of Fatima Parish               | 105 N. La Esperanza      | San Clemente  | 92805 |
| 9/19 | Fr.   | Hector               | Bedoya             | c/o St. Boniface Parish                     | 120 N. Janss St.         | Anaheim       | 92626 |
| 9/20 | Fr.   | Alan                 | Benander, O Praem  | c/o St. John the Baptist School             | 1021 Baker St.           | Costa Mesa    | 92651 |
| 9/21 | Fr.   | George               | Blais              | c/o St. Catherine of Siena Parish           | 1042 Temple Terrace      | Laguna Beach  | 92840 |
| 9/22 | Fr.   | Scott                | Borgman            | c/o Pastoral Center                         | 13280 Chapman Ave.       | Garden Grove  | 92637 |
| 9/23 | Fr.   | Martin               | Bui                | c/o St. Nicholas Parish                     | 24252 El Toro Rd.        | Laguna Woods  | 92626 |
| 9/24 | Fr.   | Godfrey              | Bushmaker, O Praem | c/o St. John the Baptist Parish             | 1015 Baker St.           | Costa Mesa    | 92840 |
| 9/25 | Fr.   | Craig                | Butters            | c/o Ministry to Priests Office              | 13280 Chapman Ave.       | Garden Grove  | 90740 |
| 9/26 | Fr.   | Cole                 | Buzon              | c/o St. Anne Parish                         | 340 10th St.             | Seal Beach    | 90621 |
| 9/27 | Fr.   | Juan                 | Caboboy            | c/o St. Pius V Parish                       | 7691 Orangethorpe Ave.   | Buena Park    | 92840 |
| 9/28 | Fr.   | Alonso               | Caceres            | c/o Ministry to Priests Office              | 13280 Chapman Ave.       | Garden Grove  | 92805 |
| 9/29 | Fr.   | Bill                 | Cao                | c/o St. Anthony Claret Parish               | 1450 E. La Palma Ave.    | Anaheim       | 92627 |
| 9/30 | Fr.   | Robert               | Capone             | c/o St. Joachim Parish                      | 1964 Orange Ave.         | Costa Mesa    |       |